



### **Standard First Aid with CPR/AED**

Levels A, C – (Adult, Child, Infant)

**Full Course:** 3-year Certification

**Cost:** \$145.00

**Recertification:** (Current certification by an approved national provider is required).

**Cost:** \$100.00

### **Emergency First Aid with CPR/AED**

Levels A, C—(Adult, Child, Infant)

**Full Course:** 3-year Certification

**Cost:** \$110.00

**Recertification:** (Current certification by an approved national provider is required).

**Cost:** \$90.00

### **Child Care First Aid with CPR/AED**

Level B – (Child, Infant)

**Full Course:** 3-Year Certification

**Cost:** \$145.00

**Recertification:** (Current certification by an approved national provider is required).

**Cost:** \$100.00

**Our Red Cross First Aid Courses meet OHS Regulations and include the latest CPR guidelines.**

## Contact Us

### **Debbie Chéné**

Primary Care Paramedic

First Aid CPR/AED Instructor

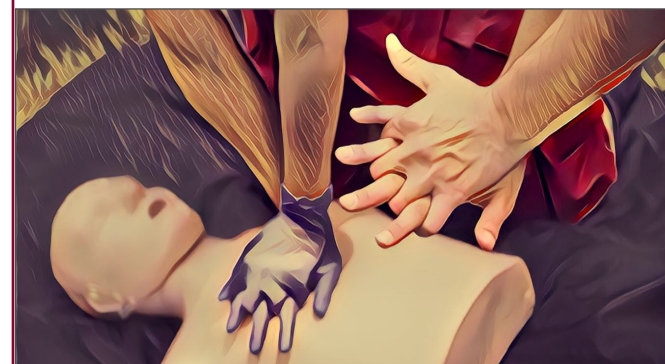
(HSA) Health & Safety Administrator

Email: [debbie@debcosafety.ca](mailto:debbie@debcosafety.ca)

**403-710-0566**

Customized On-site Training

**Call For A Group Quote**

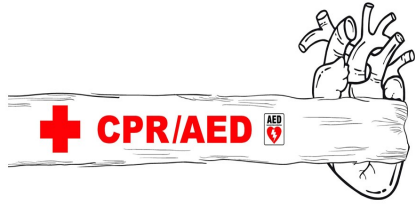


## **Quality Training That Makes A Difference**

On-site training customized to your industry, ensuring participants have the skills and confidence to respond safely to real-life emergencies.

**ON-SITE  
FIRST AID/CPR TRAINING**

[www.debcosafety.ca](http://www.debcosafety.ca)



## CPR/AED

Levels A/C – (Adult, Child, Infant)

This course on Cardiopulmonary Resuscitation (CPR) and the use of an Automated External Defibrillator (AED) provides the skills to recognize and respond to cardiovascular emergencies and choking for adults, children and infants.

**Full Course** 3-Year Certification

**Cost:** \$90.00

**Recertification:** (Current certification by an approved national provider is required).

**Cost:** \$80.00

## BLS (Basic Life Support) Healthcare Providers

This BLS Provider Course is designed for healthcare providers and trained first responders who provide emergency care in a variety of pre-hospital and in-hospital settings.

**Full Course** 1-Year Certification

**Cost:** \$105.00

**Recertification:** (Current certification by an approved national provider is required).

**Cost:** \$95.00

**Our Red Cross & Heart and Stroke CPR Courses meet OHS Regulations and include the latest CPR guidelines.**



## Testimonials

*“We would like to thank Debbie for what I believe as one of the best real life First Aid Training/CPR courses I have ever taken in my 20+ years in the oil and gas sector.*

*Thank you Debbie for your training expertise! Your course has given us both the basic skills and the confidence to potentially change the outcome of an unfortunate event.”*

Catapult Environmental Inc.

*“What a difference creativity makes! Employees were more engaged in the class and they all walked away feeling like they received quality training.”*

Blue-Con Excavating Ltd.

*“Deb was able to bring first aid to life with great hands-on exercises! She added humour and personal experience, making the two days a great investment for us all. “*

H<sub>2</sub>Safety Services Inc.